



Gratitude (Shukr) Journal for Kids

Name _____

Date _____

Page 1 of 2. Each day, write three things you're thankful to Allah for, then say Alhamdulillah!

Monday



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☐

I said
Alhamdulillah!



Tuesday



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☐

I said
Alhamdulillah!



Wednesday



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☐

I said
Alhamdulillah!



Thursday



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☐

I said
Alhamdulillah!





Gratitude (Shukr) Journal for Kids

Name _____

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Page 2 of 2. Each day, write three things you're thankful to Allah for, then say Alhamdulillah!

Friday



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☐

I said
Alhamdulillah!



Saturday



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☐

I said
Alhamdulillah!



Sunday



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☐

I said
Alhamdulillah!



This week, I want to thank someone for...

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Saying Alhamdulillah means “all praise is for Allah”. Shukr means being thankful, with our words and our actions.