



Salah & Wudu Pack

6 worksheets · 9 pages · Ages 5–12

Wudu and salah steps to cut and sequence, a chart of the five daily prayers, weekly and monthly salah trackers and a Jumu'ah checklist.

What's inside

Wudu Step by Step	2
Steps of Salah Cut and Sequence	4
The Five Daily Prayers Chart	6
My Salah Tracker	7
Monthly Salah Tracker	8
Jumu'ah Sunnah Checklist for Kids	9



Wudu Step by Step

Cut out the cards, colour them, then glue them in order on page two.

Name _____

Date _____

□

Make the intention in your heart and say Bismillah.

draw it here

Rinse your nose, three times.

draw it here

Wipe over your head with wet hands, then wipe your ears.

draw it here

Wash your feet up to the ankles, right foot first, three times.

draw it here

Wash both hands up to the wrists, three times.

draw it here

Wash your whole face, three times.

draw it here

Rinse your mouth, three times.

draw it here

Wash your arms up to the elbows, right arm first, three times.

draw it here



SunnahPanda

Wudu Step by Step

Glue each card in the box for its step. Step 1 comes first!

Name _____

Date _____

1

glue here

2

glue here

3

glue here

4

glue here

5

glue here

6

glue here

7

glue here

8

glue here



SunnahPanda

Steps of Salah Cut and Sequence

Name _____

Date _____

Read each card, then cut them out. Can you put the steps of salah in order?

 Cut along the dashed lines

Second sujud



Go down into sujud a second time. That completes one rak'ah!

Ruku'



Say "Allahu Akbar" and bow, with your hands on your knees and your back straight.

Sitting



Say "Allahu Akbar" and sit up for a moment between the two sujud.

Taslim



Turn your head to the right, then to the left, saying "Assalamu alaykum wa rahmatullah".

Standing up



Rise from ruku' and stand up straight again.

Qiyam



Standing still, recite Surah Al-Fatihah, then another surah or a few verses.

Niyah



Stand facing the qiblah and make the intention in your heart for the prayer you are about to pray.

Takbir



Raise your hands and say "Allahu Akbar" to begin the prayer.

Sujud



Say "Allahu Akbar" and prostrate: forehead, nose, hands, knees and toes on the ground.

Tashahhud



In the last rak'ah, after the sujud, sit and recite the tashahhud.



SunnahPanda

Steps of Salah Cut and Sequence

Name _____

Date _____

Glue each card in its box, from step 1 to step 10. Then practise with a grown-up!

1

glue here

2

glue here

3

glue here

4

glue here

5

glue here

6

glue here

7

glue here

8

glue here

9

glue here

10

glue here



Steps 3 to 8 make one rak'ah. Fajr has 2 rak'ahs, so we do them twice before the tashahhud and taslim.

Answers: Niyyah > Takbir > Qiyam > Ruku' > Standing up > Sujud > Sitting > Second sujud > Tashahhud > Taslim

SunnahPanda · sunnahpanda.com · Free to print for home and classroom use



The Five Daily Prayers Chart

Name _____

Date _____

Read about each prayer, then colour one box for every fard rak'ah. Answer the questions at the bottom.



Fajr

At dawn, when the first light appears, before the sun rises.

Fard rak'ahs

1	2			2
---	---	--	--	---



Dhuhr

Just after midday, once the sun has passed its highest point.

Fard rak'ahs

1	2	3	4	4
---	---	---	---	---



Asr

In the afternoon, as the sun moves lower in the sky.

Fard rak'ahs

1	2	3	4	4
---	---	---	---	---



Maghrib

Just after the sun has set.

Fard rak'ahs

1	2	3		3
---	---	---	--	---



Isha

At night, when it is dark.

Fard rak'ahs

1	2	3	4	4
---	---	---	---	---

Quick questions ☆

1. Which prayer has 3 fard rak'ahs? _____
2. Which prayer do we pray before the sun rises? _____
3. Add them all up! How many fard rak'ahs in a day? _____



My Salah Tracker

Colour in a star every time you pray. How many can you collect this week?

Name _____

Date _____

Fajr

Dhuhr

Asr

Maghrib

Isha

Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Sunday



My stars this week:

35 stars = every prayer, every day. MashaAllah!



Monthly Salah Tracker

Colour a circle for every prayer you pray. Fill in the month and see how many you collect!

Name _____

Date _____

Month: _____



31 days · 5 prayers a day

Day	Fajr	Dhuhr	Asr	Maghrib	Isha
1	☐	☐	☐	☐	☐
2	☐	☐	☐	☐	☐
3	☐	☐	☐	☐	☐
4	☐	☐	☐	☐	☐
5	☐	☐	☐	☐	☐
6	☐	☐	☐	☐	☐
7	☐	☐	☐	☐	☐
8	☐	☐	☐	☐	☐
9	☐	☐	☐	☐	☐
10	☐	☐	☐	☐	☐
11	☐	☐	☐	☐	☐
12	☐	☐	☐	☐	☐
13	☐	☐	☐	☐	☐
14	☐	☐	☐	☐	☐
15	☐	☐	☐	☐	☐
16	☐	☐	☐	☐	☐

Day	Fajr	Dhuhr	Asr	Maghrib	Isha
17	☐	☐	☐	☐	☐
18	☐	☐	☐	☐	☐
19	☐	☐	☐	☐	☐
20	☐	☐	☐	☐	☐
21	☐	☐	☐	☐	☐
22	☐	☐	☐	☐	☐
23	☐	☐	☐	☐	☐
24	☐	☐	☐	☐	☐
25	☐	☐	☐	☐	☐
26	☐	☐	☐	☐	☐
27	☐	☐	☐	☐	☐
28	☐	☐	☐	☐	☐
29	☐	☐	☐	☐	☐
30	☐	☐	☐	☐	☐
31	☐	☐	☐	☐	☐



Keep going!

My prayers this month:

out of

A 31-day month has
155 prayers.
MashaAllah!



Jumu'ah Sunnah Checklist for Kids

Name _____

Friday is the best day of the week! Tick each thing you do this Friday, for four Fridays.

Date _____



My Friday Sunnah List



The Prophet ﷺ told us that Friday is the best day of the week.



Friday 1

Friday 2

Friday 3

Friday 4

1

Have a ghusl (a full wash) and get clean

☐☐☐☐

2

Brush your teeth or use a miswak

☐☐☐☐

3

Put on your best clean clothes

☐☐☐☐

4

If you're going to Jumu'ah prayer, go early

☐☐☐☐

Read or listen to Surah Al-Kahf

☐☐☐☐

Send salawat on the Prophet ﷺ

☐☐☐☐

7

Sit quietly and listen to the khutbah

☐☐☐☐

Make lots of du'a

☐☐☐☐

Salawat means asking Allah to send His blessings on the Prophet ﷺ. Ask a grown-up to teach you the words!